



Learn More About Adoption

GENERAL

Adopting Overseas: A guide to Adopting from Australia, plus personal stories that will inspire you

By Lucy Burns and Ailsa Burns

Paperback Published 2007 272 pages

Publisher marketing information on this title:

Intercountry adoption is the most common form of adoption in Australia. This wonderful book looks not only at the processes involved in adopting a child from other countries into Australian families but also includes the findings of the largest survey of adoptive parents in Australia. The information they share with us and their personal experiences are heartwarming, inspiring and sometimes confronting, the stories are compelling reading! This book is a wonderful guide to intercountry adoption in Australia and is the first comprehensive account in Australia. Adopting Overseas offers both expert advice and personal accounts on how best to manage a range of issues that some adoptive families will face such as:

- Why choose intercountry adoption?
- The assessment process and reasons why it can be a lengthy and stressful process
- Will our child attach to us?
- Settling
- Tantrums and how to manage them
- Anxiety about being abandoned
- Health issues such as skin, teeth, delayed growth and motor development
- Behavioural/Psychological issues
- Finding out about your child's background and keeping the birth culture alive
- Racism

This book is the first comprehensive account of adopting from overseas with tips on travel, health and childcare, through the advice of other adoptive parents and experts. This book provides useful tips and coping strategies for managing change for both the parents and children of adoptive families who may be experiencing problems. It is a resource for families considering inter-country adoption in Australia as well as those who have adopted children, as well as adoption professionals and those working in the area of child welfare generally.

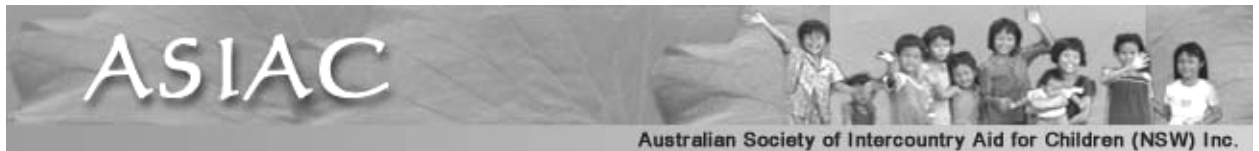
Adoption Parenting, Creating a Toolbox, Building Connections

Edited by Jean MacLeod and Sheena Macrae, PhD

Paperback Published 2006 Pages 520

Publisher marketing information on this title:

Over 100 contributors have helped EMK Press to weave a stunning tapestry of advice specifically for adoptive parents. Parenting adopted children requires parenting with an extra layer and this book helps you to understand where that extra layer falls. This over 500 page book is a wealth of information for the newly arrived home family and the experienced family as well. This is a book you won't read all at once, but come back to again and again as your child's awareness of who they are develops and your awareness of how to help them increases. Our adopted children come to us from loss—loss of a birthfamily, culture, and language. There are helpful things that we can do to address these issues, and



Adoption Parenting helps you to create an awareness to do just that. We also look at stumbling blocks to good parenting, and standard parenting practices that aren't right for adopted children. We look at the core issues all members of the adoption triad face, and look at how that affects standard parenting challenges like sleeping through the night, discipline, and attachment. We cover specific challenges families have faced: FASD, Trauma and PTSD, Sensory Integration, Speech and Language delays, and at ways to effectively parent a post-institutionalized child or a child who has experienced trauma in their journey to you.

Inside Transracial Adoption

Gail Steinberg and Beth Hall

Hardcover Published 2000 Pages 412

Publisher marketing information on this title:

For families adopting either domestically or internationally, *Inside Transracial Adoption* offers provocative information, valuable resources, and practical tools to support families in fostering the development of authentic racial identity in children of color and for strengthening family connections. If a book could realistically carry a thirty-odd word title, then this book's might be something like *How to Get to the Place Where It Feels Almost Fun to Let People Wonder How You and Your Kids Could So Clearly Belong to One Another When You Look So Different!* This book took off like wildfire, selling out of its first printing in less than four months! The authors, co-directors of *Pact: An Adoption Alliance* (a California-based agency specializing in the placement of children of color), are themselves transracial adoptive parents, and they offer here cutting edge tools for fostering honesty and authenticity in matters of adoption and race! *Inside Transracial Adoption* provides creative, confident, pro-active, and provocative guidance for parents who are experienced veterans or who are considering transracial adoption for the first time. Whether through domestic or international adoption the authors offer direction for building close, loving, and very real families consisting of individuals who are proud and culturally competent members of differing races. What's "normal?" Where do we live and go to school? Does class have an influence? How can parents become aware and informed and honest enough to combat racism both inside and outside their families? How does a child of color develop racial identity, feel that he "fits" in both culture of family and culture of origin, and build confidence as an adult of his race when raised by white parents? Using a careful blend of academic research, social reality and personal experience, Steinberg and Hall have honed their experiences working with thousands of transracial and transcultural adoptive families and as the recipients of three federal grants on transracial adoption, to offer detailed, step-by-step, get-real guidance for families about tough issues they will have to face related to race and adoption. They do so with humor and pathos, confrontation and empathy, mixed liberally with the gutsy panache for which they are well known in the U.S. adoption community.

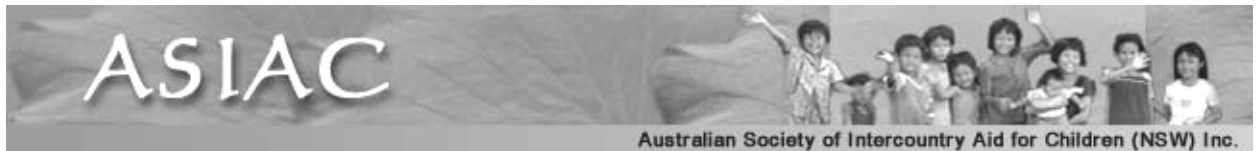
Twenty Things Adopted Kids Wish Their Parents Knew

Sherrie Eldredge

Paperback Published 1999 Pages 240

Publisher marketing information on this title:

About this book... "Birthdays may be difficult for me." "I want you to take the initiative in opening conversations about my birth family." "When I act out my fears in obnoxious ways, please hang in there with me." "I am afraid you will



abandon me." The voices of adopted children are poignant, questioning. And they tell a familiar story of loss, fear, and hope. This extraordinary book, written by a woman who was adopted herself, gives voice to children's unspoken concerns, and shows adoptive parents how to free their kids from feelings of fear, abandonment, and shame. With warmth and candor, Sherrie Eldridge reveals the twenty complex emotional issues you must understand to nurture the child you love-- that he must grieve his loss now if he is to receive love fully in the future-- that she needs honest information about her birth family no matter how painful the details may be—and that although he may choose to search for his birth family, he will always rely on you to be his parents. Filled with powerful insights from children, parents, and experts in the field, plus practical strategies and case histories that will ring true for every adoptive family, *Twenty Things Adopted Kids Wish Their Adoptive Parents Knew* is an invaluable guide to the complex emotions that take up residence within the heart of the adopted child--and within the adoptive home.

Raising Adopted Children

Lois Ruskai Melina

Paperback Published 1998 Pages 400

Publisher marketing information on this title:

In this completely revised and updated edition of *Raising Adopted Children*, Lois Melina, editor of *Adopted Children* newsletter and the mother of two children by adoption, draws on the latest research in psychology, sociology, and medicine to guide parents through all stages of their child's development. Melina addresses the pressing adoption issues of today, such as open adoption, international adoption, and transracial adoption, and answers parents' most frequently asked questions, such as: How will my child "bond" or form attachments to me? When and how should I tell my child that he was adopted? What should schools be told about my child? Will adoption make adolescent upheavals more complicated? Up-to-date, sensitive, and clear, *Raising Adopted Children* is the definitive resource for all adoptive parents and concerned professionals.

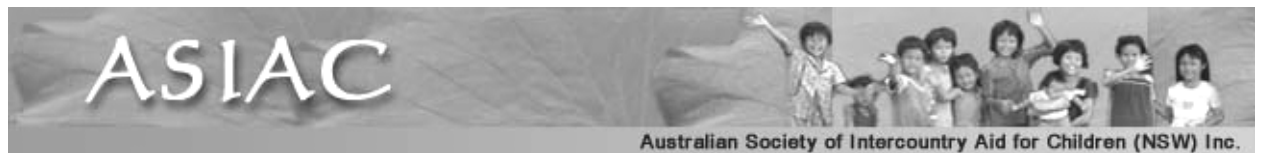
Attaching in Adoption

Deborah Gray

Hardcover Published 2002 Pages 400

Publisher marketing information on this title:

Attachment therapist Deborah Gray's *Attaching in Adoption* provides thorough and up-to-date information, sensitive encouragement, calming support, and practical tools for families adopting older children and those who work with them, using vignettes and anecdotes to demonstrate how suggested techniques can work to effect positive change. Here is a book destined to become a 21st century classic in the field of adoption and fostering. Every year increasingly larger proportions of both internationally and domestically adopted children are arriving in their families not as newborns a few hours or days old, but at several weeks or several months or even several years of age. They arrive in loving, idealistic, but often ill-prepared families who may or may not have received all of the background information they need. The children carry the good and bad baggage of prior placements in foster care or institutions, sometimes with scars of prenatal exposure to harmful substances or from neglect and abuse in birth family or in substitute care. Today's typical adoptive parents need help to understand how prior experiences and changes in caregivers, in culture, in language, and more can create challenges for children needing to form attachments to their new



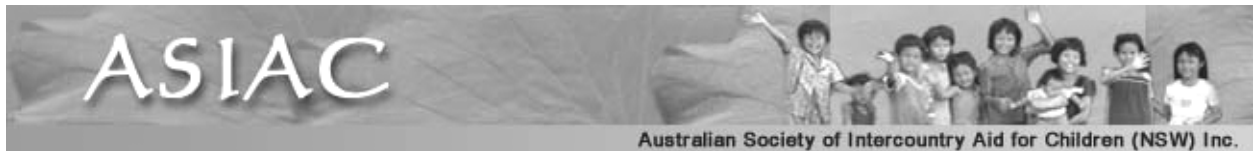
parents. They need advice about how to obtain proper diagnosis, how to build a caring team for helping their child learn about relationships, how various approaches to parenting and teaching can make a difference, and how to find a therapist adequately informed, prepared, and experienced in the challenges facing these families. Attachment therapist Deborah Gray's *Attaching in Adoption* provides thorough and up-to-date information, sensitive encouragement, calming support, and practical tools for just such families and those who work with them, using vignettes and anecdotes to demonstrate how suggested techniques can work to effect positive change.

INTRODUCING ADOPTION TO FAMILY & FRIENDS

[Adopting Overseas: A guide to Adopting from Australia, plus personal stories that will inspire you](#)

[Be My Baby: Parents and Children Talk about Adoption](#)

[Adoption is a Family Affair: What Friends and Relatives Must Know](#)



PICTURE STORY BOOKS FOR CHILDREN (ie birth children, nieces and nephews, friends' children)

Families are Different Age Guide 3 – 9 yrs

Publisher marketing information on this title:

Nico and her sister Angel were adopted from Korea. They look different from their Mum and Dad and sometimes Nico is bothered by this. Her mother assures Nico that many families are glued together with a special kind of glue called love. Nico looks around her class and notices that this is true – many families are different in some way – just like hers.

Jin Woo

Publisher marketing information on this title:

David likes his family the way it has always been, just him and Mom and Dad. He never wanted to be a big brother. And he certainly didn't want Jin Woo, the little baby from Korea, to join the family. Now Jin Woo is getting all the attention, and David feels as if no one cares about him anymore. But then a surprising letter helps him to understand that being a brother can mean being surrounded with more love than ever.

I Love You Like Crazy Cakes Age Guide 4 – 8 yrs

Publisher marketing information on this title:

In simple, heartfelt language, I Love You Like Crazy Cakes tells the story of how one mother found her baby daughter by travelling to China. The story of that journey, based on the author's own experience, is a celebration of the love and joy a baby brings into the home.

Waiting for May Age Guide 4 – 8 yrs

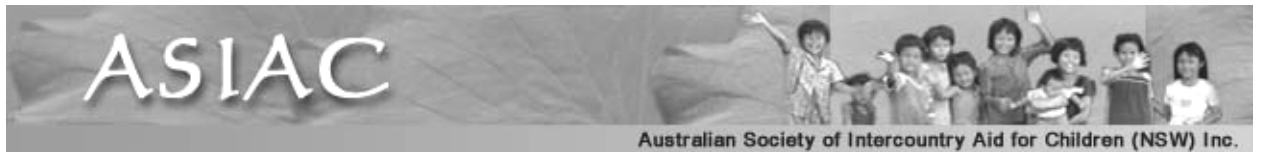
Publisher marketing information on this title:

Matthew is getting a baby sister - from China. Author Pamela Kennedy has written an encouraging story for adoptive parents and for big sisters and brothers too. In this comforting story, Matthew learns that his parents will always love him very much. And he also learns that a child need not look like her family to be a part of the family.

My Family is Forever Age Guide 3 – 6 yrs

Publisher marketing information on this title:

Some families look alike, some don't. Some families are formed through birth, and some families are formed by adoption. But as the little girl in this heartwarming book makes clear, being a family isn't about who you look like or where you were born - it's about the love that binds you together. Adoptive families are sure to delight in the special story of the narrator's adoption - from her parents' excited preparations and long journey by airplane to meet her, to their life together as a family. Nancy Carlson's thoughtful, straight-forward text and cheerful illustrations combine to create a reassuring look at how one little girl came into her parents' world-and made them a family forever.



Sister for Matthew Age Guide 4 – 8 yrs

Publisher marketing information on this title:

In this poignant and heartfelt book, a young boy anticipates the arrival of his new baby sister, who is coming from China to be adopted into his American family.

James Was Waiting Age Guide 2 yrs +

Tasmanian mother and author, Judith Clark, has written this delightful book – simple and straightforward in text and extremely effective. She describes the process and emotions of adoption in a manner that makes it very easy for children to follow. The repetitive structure of the story is very engaging for young children. Whilst this story is based on a local adoption, it lends itself to overseas adoption equally well.